



Troop 1083

## **LENHOK'SIN HIGH ADVENTURE**

July 18 to July 24, 2010  
(Sunday to Saturday)



## Medical Requirements

### **Forms due to Scoutmaster by July 5**

#### **All Scouts and Leaders:**

- New BSA Form 34605  
Requires yearly physical examination

#### Medications

Medications must be sent to camp in their original bottle and properly labeled with scouts name and dosage. Please include only the amount of medication necessary for the week.

#### Clothes for Olmsted

For scouts attending Lenhok'sin which are also attending Camp Olmsted, you will need additional clothes and supplies for Camp Olmsted that you do not want to carry with you on the trail at Lenhok'sin. Crew will workout gear drop-off which needs to occur prior to July 17.

#### Mail

Some thoughtful parents we know have made a practice of sending advance post cards to their children at camp so there will be a personalized "touch of home" when they arrive. Many directors urge parents not to mention in their letters how much they miss their children, or "that the dog and cat miss them." Instead, they say, parents should assure them that they know they're having a good time, and express enthusiasm for the camp's activities. As an experienced camp director noted, "We don't have any homesick kids, but we have homesick parents by the dozens...."

Mail should be addressed as shown below.

[Name]  
Lenhok'sin High Adventure  
Troop 1083  
Goshen Scout Reservation  
340 Millard Burke Memorial Highway  
Goshen, VA 24439-2421

#### Camp Phones

In case of emergency, parents should call the main office at Camp Post. The telephone number is (540) 997-5773. Parents should be advised that it may take an hour or more to return phone calls. Scouts will be allowed to call home ONLY in case of emergency.

## Transportation

Troop 1083 will be riding the buses from Fairfax County Government Center to Goshen Scout Reservation. **The Lenhok'sin crew will be riding the bus to Goshen on July 18 (Sunday). Some scouts will be returning on Saturday July 24 while other will attend Olmsted and return on July 31 (Saturday).** The fee is \$38 per person. Fee is due to the Scoutmaster by June 14.

Reminders: Wear your scout uniform and bring a bag lunch.  
Keep your lunch available to eat on the bus

## **BUS TRANSPORTATION TO AND FROM GOSHEN SCOUT RESERVATION**

**Directions to Bus Loading at Fairfax County Government Center, Fairfax, Virginia**

From Interstate 66 in Northern Virginia:

1. Go to Exit 55B (formerly Exit 15), onto the Fairfax County Parkway North (Route 7100)
2. Go 0.4 miles (4/10<sup>th</sup> of a mile) and turn RIGHT at the light onto Fair Lakes Parkway East.
3. Go approximately 1.9 miles (Third traffic light) and turn right onto Monument Drive. (NOTE: The second traffic light will be West Ox Road.)
4. Go 0.4 miles (4/10<sup>th</sup> of a mile) and at the second light turn RIGHT onto Government Center Parkway. (The first traffic light is as you go over I-66.)
5. Go 0.1 miles (1/10<sup>th</sup> of a mile) and turn left at the first entrance on the left. This will be on the left hand side of the parking lot.
6. Please watch for the Goshen signs indicating where to park!

Notes:

- Please leave all pets at home.
- Vehicles may not be left overnight and will be towed if necessary.

The families bringing Scouts to the bus loading site should arrive before 9:45 a.m. They must not arrive earlier than 9:00 a.m. The troop cannot leave for camp until every Scout is present and checked in.

### **Traffic Pattern**

Please see that your drivers are familiar with the traffic pattern as described below. There will be Scouts and directional signs to assist at the bus loading location. Directional signs will have color-coded arrows as follows:

**GREEN TO PARKING FOR BUS TO GOSHEN**

**RED TO PARKING FOR PICKUP FROM GOSHEN**

**YELLOW FROM ALL PARKING AREA TO EXITS**

### **Unloading Gear**

The size of the parking area is restricted and all parking is continued to ensure safety. Cars can be unloaded and loaded only after they are parked (no standing). All equipment must be carried between the car and the bus loading areas. At no time may cars enter the bus loading areas.

When you arrive and all gear has been unloaded, all scouts should assist in setting up of the unit's "pack line". Have the unit's gear placed in the front with the Scout's gear behind. All scouts should remain with the pack line.

All scouts must carry their equipment from the bus to the campsite.

### **Coming Home on July 24 or 31**

Buses returning from Goshen will arrive at the parking lot at approximately 10:00 am. Be sure to arrive by this time to welcome our scouts home.

Questions? Contact Dave Talbott at 301-933-0048 or [Dave.Judi.Talbott@verizon.net](mailto:Dave.Judi.Talbott@verizon.net)