



Troop 1083 Summer Camp  
Goshen Scout Reservation  
Camp Olmsted

July 25 to July 31, 2010  
(Sunday to Saturday)



## Medical Requirements

### **Forms due to Scoutmaster by July 5**

#### **All Scouts and leaders:**

- New BSA Form 34605  
Requires a physical examination every 12 months.

### Medications

Medications must be sent to camp in their original bottle and properly labeled with scouts name and dosage. Please include only the amount of medication necessary for the week.

### Mail

Some thoughtful parents we know have made a practice of sending advance post cards to their children at camp so there will be a personalized "touch of home" when they arrive. Many directors urge parents not to mention in their letters how much they miss their children, or "that the dog and cat miss them." Instead, they say, parents should assure them that they know they're having a good time, and express enthusiasm for the camp's activities. As an experienced camp director noted, "We don't have any homesick kids, but we have homesick parents by the dozens...."

Mail should be addressed as shown below.

Name \_\_\_\_\_ Troop # \_\_\_\_\_  
Camp Olmsted  
Goshen Scout Reservation  
340 Millard Burke Memorial Highway  
Goshen, VA. 24439

### Camp Phones

In case of emergency, parents should call the main office at Camp Post. The telephone number is (540) 997-5773. Parents should be advised that it may take an hour or more to return phone calls. Scouts will be allowed to call home ONLY in case of emergency.

### Transportation

Troop 1083 will be riding the buses from Fairfax Govt Center to Goshen Scout Reservation. The fee is \$38 per person. Fee is due to the Scoutmaster by June 14.

Reminders: Wear your scout uniform and bring a bag lunch.

Keep your lunch available to eat on the bus

## **BUS TRANSPORTATION TO AND FROM GOSHEN SCOUT RESERVATION**

### **Directions to Bus Loading at Fairfax County Government Center, Fairfax, Virginia**

From Interstate 66 in Northern Virginia:

1. Go to Exit 55B (formerly Exit 15), onto the Fairfax County Parkway North (Route 7100)
2. Go 0.4 miles (4/10<sup>th</sup> of a mile) and turn **RIGHT** at the light onto Fair Lakes Parkway East.
3. Go approximately 1.9 miles (Third traffic light) and turn right onto Monument Drive. (NOTE: The second traffic light will be West Ox Road.)
4. Go 0.4 miles (4/10<sup>th</sup> of a mile) and at the second light turn **RIGHT** onto Government Center Parkway. (The first traffic light is as you go over I-66.)
5. Go 0.1 miles (1/10<sup>th</sup> of a mile) and turn left at the first entrance on the left. This will be on the left hand side of the parking lot.
6. Please watch for the Goshen signs indicating where to park!

### **NOTES:**

- Please leave all pets at home.
- Vehicles may not be left overnight and will be towed if necessary.

The families bringing Scouts to the bus loading site should arrive **before 9:45 a.m.** They must not arrive earlier than 9:00 a.m. The troop cannot leave for camp until every Scout is present and checked in.

### **Traffic Pattern**

Please see that your drivers are familiar with the traffic pattern as described below. There will be Scouts and directional signs to assist at the bus loading location. Directional signs will have color-coded arrows as follows:

**GREEN TO PARKING FOR BUS TO GOSHEN**

**RED TO PARKING FOR PICKUP FROM GOSHEN**

**YELLOW FROM ALL PARKING AREA TO EXITS**

### **Unloading Gear**

The size of the parking area is restricted and all parking is continued to ensure safety. Cars can be unloaded and loaded only after they are parked (no standing). All equipment must be carried between the car and the bus loading areas. At no time may cars enter the bus loading areas.

When you arrive and all gear has been unloaded, all scouts should assist in setting up of the unit's "pack line". Have the unit's gear placed in the front with the Scout's gear behind. All scouts should remain with the pack line.

All scouts must carry their equipment from the bus to the campsite.

## **Coming Home on July 31<sup>st</sup> SATURDAY**

Buses returning from Goshen will arrive at the parking lot at **approximately 10:00** am. Be sure to arrive by this time to welcome our scouts home.

## Camp Program

### **First Year Camper Program**

Camp Olmsted provides a special program for first year campers to work on basic scout skills required to advance through First Class. The program also provides the opportunity complete 2 or 3 merit badges from the following list: swimming, mammal studies, leatherwork and basketry.

All first year scouts should attend the Trail's Head First Year Camper program.

### **Merit Badges**

The merit badge program operates in two ways. Some badges are scheduled, while others may be offered either by appointment or on a "walk-in" basis.

Your folder marked "Merit Badges" provides information on merit badges offered at both Goshen and Broad Creek scout camps.

**Your summer camp merit badge schedule for Goshen needs to be completed and approved by your advancement counselor and Scoutmaster by the June 14<sup>th</sup> COH.**

### **COPE:**

Project COPE (Challenging Outdoor Personal Experience) is offered to Scouts age 13 and above at Olmsted. Our COPE course is located at Camp Post.

The program schedule is in your planning package. Scouts from Camp Olmsted will hike to Camp Post to participate.

During the 5 days, participants will progress through the various levels of the program, starting with initiative games, followed by low COPE elements, and finally, high COPE elements.

There is no fee to participate in COPE. Scouts will sign up for COPE at camp. Adults may also have the opportunity to participate if space is available.

### **NEW FOR OLMSTED 2007**

**X-PRIDE:** This is our extreme Scouting program. We will only take 20 Scouts per week, 15years of age and older. These Scouts will be given opportunities and experiences in the following areas: Kayaking, BSA; COPE; Geocaching; Snorkling, BSA; skills to live off the land; with the week culminating in a Friday competition lasting all day, to determine the Camp Olmsted X-treme Scout. Information on signing up for this program will be available after January 1, 2009. This program is only for Scouts who want the X-treme! Merit badges will not be offered during or as a part of this program.

## Scout Equipment

In addition to the required *Medical Form signed by a parent/guardian*, each Scout should bring the following minimum equipment for his personal use at camp:

### Clothing and Bedding

- . Complete uniform
- . Sturdy hiking shoes
- . Water activity shoes
- . Extra underwear and socks
- . Handkerchiefs
- . Shorts/blue jeans
- . Scout T-shirt(s)
- . Swimsuits
- . Raincoat/poncho
- . Pajamas
- . Sweater/jacket
- . Sleeping bag/three blankets
- . Pillow (if desired)
- . Long sleeve shirt with buttons, long pants, and belt for Swimming and Lifesaving merit badges (if on your schedule)

### Personal Gear

- . Plate, cup, bowl, knife, fork and spoon
- . Toothbrush and toothpaste
- . Hand towels
- . Bath towels
- . Washcloths
- . Comb, brush, metal mirror
- . Soap in container
- . Canteen or water bottle
- . Flashlight
- . Pencil, pen, pad/notebook
- . Spending money \$20 to \$30 Plus MB money
- . Insect repellent (non-aerosol)
- . Scout Handbook
- . **Mark everything with the Scout's name/troop number.**
- . **DO NOT BRING VALUABLES!**

### Wearing of Shoes

***All Scouts and leaders are required to wear shoes at all times except*** when involved in waterfront activities. Neither shower clogs nor sandals are acceptable for wear in camp as footwear, but may be worn while showering

Questions? Contact Dave Talbott at 301-933-0048 or [Dave.Judi.Talbott@verizon.net](mailto:Dave.Judi.Talbott@verizon.net)